

Coaching Session Client Feedback Survey Template

All questions are optional. Follow each question's directions.
Write your answers to the open questions in the space provided.

Think about your most recent professional coaching session. These questions ask about the conversation, not your private goals or personal history. You may skip any question. Please leave out names and confidential details.

1. How closely did the session focus on what you wanted to discuss?

- ☐ Not at all closely
- ☐ Slightly closely
- ☐ Moderately closely
- ☐ Very closely
- ☐ Extremely closely
- ☐ I did not have a topic in mind

2. How much opportunity did you have to explain your perspective?

- ☐ No opportunity
- ☐ A little opportunity
- ☐ Some opportunity
- ☐ Plenty of opportunity
- ☐ As much opportunity as I needed
- ☐ Not sure

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3. How comfortable did you feel saying that an idea did not fit your situation?

- ☐ Very uncomfortable
- ☐ Somewhat uncomfortable
- ☐ Neither comfortable nor uncomfortable
- ☐ Somewhat comfortable
- ☐ Very comfortable
- ☐ No such situation came up

4. How did the pace of the session feel?

- ☐ Much too slow
- ☐ A little too slow
- ☐ About right
- ☐ A little too fast
- ☐ Much too fast
- ☐ Not sure

5. How clear is the next step you want to take after this session?

- ☐ Not at all clear
- ☐ Slightly clear
- ☐ Moderately clear
- ☐ Very clear
- ☐ Extremely clear
- ☐ No next step was needed

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6. Which part of the session, if any, helped you most?

7. What would you change about the next session?
