

Sports Coaching Feedback Survey Template

All questions are optional. Select one answer for each choice question.

Write your answers to the open questions in the space provided.

Think about the named training block. Comment on the coaching you experienced, without naming other participants. Report sensitive concerns through the organization's designated route.

1. How many sessions did you attend in this training block?

- ☐ None
- ☐ One or two
- ☐ Three to five
- ☐ Six or more
- ☐ Not sure

2. How clear were the goals of the sessions?

- ☐ Very unclear
- ☐ Somewhat unclear
- ☐ Neither clear nor unclear
- ☐ Somewhat clear
- ☐ Very clear
- ☐ Not applicable

3. How clear were the coach's explanations?

- ☐ Very unclear
- ☐ Somewhat unclear
- ☐ Neither clear nor unclear
- ☐ Somewhat clear
- ☐ Very clear
- ☐ Not applicable

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4. How useful was the feedback on your practice?

- ☐ Not at all useful
- ☐ Slightly useful
- ☐ Moderately useful
- ☐ Very useful
- ☐ Extremely useful
- ☐ No feedback received
- ☐ Not applicable

5. How easy was it to ask a question?

- ☐ Very difficult
- ☐ Somewhat difficult
- ☐ Neither difficult nor easy
- ☐ Somewhat easy
- ☐ Very easy
- ☐ Did not try

6. What coaching approach helped you most?

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7. What should change in the next training block?
