

CrossFit Membership Survey Template

All questions are optional. Follow each question's directions.
Write your answers to the open questions in the space provided.

Use these questions as a starting point. Show the options as written below, replace bracketed placeholders with the real crossfit membership survey materials, and leave every item optional.

1. How long have you been attending this CrossFit gym?

- ☐ Less than 1 month
- ☐ 1–3 months
- ☐ 4–12 months
- ☐ More than 12 months
- ☐ Prefer not to say

2. Which class times can you usually attend?

- ☐ Early morning
- ☐ Midday
- ☐ Late afternoon
- ☐ Evening
- ☐ Weekend
- ☐ None currently

3. What is your main reason for attending?

- ☐ Strength
- ☐ Conditioning
- ☐ Skill development
- ☐ Community
- ☐ General well-being
- ☐ Something else

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4. How supported do you feel by coaches when scaling a workout?

- ☐ Very supported
- ☐ Somewhat supported
- ☐ Neither
- ☐ Somewhat unsupported
- ☐ Very unsupported
- ☐ Not applicable

5. What most often prevents you from attending as planned?

- ☐ Class time
- ☐ Work or caregiving
- ☐ Cost
- ☐ Workout difficulty
- ☐ Recovery or health
- ☐ Travel
- ☐ No current barrier
- ☐ Other

6. How connected do you feel to other members?

- ☐ Very connected
- ☐ Somewhat connected
- ☐ Neither
- ☐ Somewhat disconnected
- ☐ Very disconnected

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7. What one change would improve your experience most?
