

Family Caregiver Support Needs Survey Template

All questions are optional. Follow each question's directions.
Write your answers to the open questions in the space provided.

Please answer about your experience helping an older family member during the past three months. Do not include names, diagnoses, addresses, or other identifying details. Every question is optional.

1. During the past three months, how easy or difficult was it to find clear information about relevant local services or support?

- ☐ Very easy
- ☐ Easy
- ☐ Neither easy nor difficult
- ☐ Difficult
- ☐ Very difficult
- ☐ I did not look for information

2. Which type of support would make the biggest practical difference during the next month?

- ☐ Short-break or respite support
- ☐ Practical help at home
- ☐ Transport
- ☐ Emotional or peer support
- ☐ Caregiving skills or training
- ☐ Benefits or financial information
- ☐ A named person who can explain options
- ☐ Another type
- ☐ No support needed right now

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3. What has most limited your use of available support?

- ☐ I did not know where to start
- ☐ The support was unavailable when needed
- ☐ Cost
- ☐ Travel or transport
- ☐ The service did not feel trustworthy or suitable
- ☐ The person I support did not want it
- ☐ I preferred to manage without services
- ☐ I experienced no barrier
- ☐ Another reason

4. How well do available services fit the times when you can use them?

- ☐ Very well
- ☐ Well
- ☐ Neither well nor poorly
- ☐ Poorly
- ☐ Very poorly
- ☐ I have not tried to use a service

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5. Who would you prefer as your first point of contact when you need help finding support?

- ☐ A named care coordinator
- ☐ A family doctor or health professional
- ☐ A community or nonprofit organization
- ☐ A peer caregiver
- ☐ An online service directory
- ☐ A telephone information line
- ☐ Another contact
- ☐ No preference

6. How would you prefer that first contact to respond?

- ☐ Telephone call
- ☐ Text message
- ☐ Email
- ☐ Video call
- ☐ In-person appointment
- ☐ Secure online message
- ☐ No preference
- ☐ Another method

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**7. What is one change that would make support easier for you to
find or use?**
