

Food Consumption Survey Template

All questions are optional. Follow each question's directions.
Write your answers to the open questions in the space provided.

All seven questions are optional and always visible. Ask about the same meal service throughout. Replace item-group examples with the actual menu before using the questionnaire.

1. Which meal service are you describing today?

- ☐ Breakfast
- ☐ Lunch
- ☐ Dinner
- ☐ Another meal service
- ☐ I did not eat at this service
- ☐ Not sure

2. Which menu-item group was the main part of what you selected?

- ☐ Prepared main dish
- ☐ Sandwich or wrap
- ☐ Salad
- ☐ Soup
- ☐ Side dish
- ☐ Snack or dessert
- ☐ Another item group
- ☐ I did not take food
- ☐ Not sure

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3. About how much of that main item did you eat?

- ☐ All of it
- ☐ Most of it
- ☐ About half
- ☐ Less than half
- ☐ None of it
- ☐ I did not take an item
- ☐ Not sure

4. Did you also consume another item or drink from this meal service?

- ☐ Yes, another food item
- ☐ Yes, a drink
- ☐ Yes, both food and a drink
- ☐ No
- ☐ I did not eat at this service
- ☐ Not sure

5. If you left any of the main item, what was the main reason?

- ☐ Portion was larger than I wanted
- ☐ Taste or texture was not for me
- ☐ Serving temperature was not right
- ☐ I ran out of time
- ☐ Another reason
- ☐ I finished the item
- ☐ I did not take an item
- ☐ Prefer not to say

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6. How well did the serving size of the main item fit what you wanted?

- ☐ Much too small
- ☐ Somewhat too small
- ☐ About right
- ☐ Somewhat too large
- ☐ Much too large
- ☐ I did not take an item
- ☐ Not sure

7. What one menu or portion change would improve this meal service?
