

Pre- and Post-Intervention Survey Template

All questions are optional. Select one answer for each choice question.

Write your answers to the open questions in the space provided.

Refer to the named skill and task in the program context. Answer about how you feel now. If the study team has provided a participant code, you may enter it; do not enter your name.

1. Which collection point is this?

- ☐ Before the program
- ☐ After the program

2. What participant code has the study team provided, if any?

3. How well do you currently understand the named skill?

- ☐ Not at all well
- ☐ Slightly well
- ☐ Moderately well
- ☐ Very well
- ☐ Extremely well
- ☐ Not sure

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4. How confident are you that you could carry out the named task?

- ☐ Not at all confident
- ☐ Slightly confident
- ☐ Moderately confident
- ☐ Very confident
- ☐ Extremely confident
- ☐ Not sure

5. How clear are the steps you would take to carry out that task?

- ☐ Very unclear
- ☐ Somewhat unclear
- ☐ Neither clear nor unclear
- ☐ Somewhat clear
- ☐ Very clear
- ☐ Not sure

6. What would you currently find most difficult about the task?

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7. What support would help you carry out the task?
