

# Retrospective Survey Template

All questions are optional. Follow each question's directions.  
Write your answers to the open questions in the space provided.

Every question is optional and always shown. Answer about the same named sprint. Use specific examples without naming or judging colleagues. Q4 can be skipped if there was no prior action; Q5 has an explicit option for that case.

## 1. What useful outcome did this team try to deliver during the named sprint?

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## 2. What helped the team make progress in this sprint?

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## 3. What one obstacle slowed the team's work in this sprint?

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**4. Which action from the previous retrospective did the team try, if any?**

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**5. What happened after that previous action?**

- ☐ It helped noticeably
- ☐ It helped a little
- ☐ It did not seem to help
- ☐ It was not tried
- ☐ No previous action was agreed
- ☐ I do not know

**6. What one small change should the team try in the next sprint?**

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## 7. Who would need to help make that change possible?

- ☐ This team can act on its own
- ☐ Another team or function
- ☐ Product or project leadership
- ☐ A customer or external partner
- ☐ Not sure yet
- ☐ No change proposed