

Return-to-Work Support Survey Template

All questions are optional. Follow each question's directions.
Write your answers to the open questions in the space provided.

Use these seven questions as a starting point. Every field is optional. Where choices are listed, respondents choose one. Name the context and period before sharing so answers refer to the same experience.

1. Which stage of your return are you answering about?

- ☐ Planning before return
- ☐ First week back
- ☐ First month back
- ☐ A later adjustment period
- ☐ Another stage
- ☐ Prefer not to answer

2. How clear is the current return-to-work plan?

- ☐ Very unclear
- ☐ Somewhat unclear
- ☐ Neither clear nor unclear
- ☐ Somewhat clear
- ☐ Very clear
- ☐ I have not received a plan

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3. How well do your current duties match the arrangements that were agreed?

- ☐ Not at all well
- ☐ Slightly well
- ☐ Moderately well
- ☐ Very well
- ☐ Extremely well
- ☐ No specific arrangements were agreed
- ☐ Prefer not to answer

4. How easy is it to use the agreed breaks or scheduling flexibility?

- ☐ Very difficult
- ☐ Somewhat difficult
- ☐ Neither easy nor difficult
- ☐ Somewhat easy
- ☐ Very easy
- ☐ No breaks or flexibility were agreed
- ☐ Prefer not to answer

5. Do you know whom to contact if the plan needs to be reviewed?

- ☐ Yes
- ☐ No
- ☐ Not sure
- ☐ I do not currently need a review

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6. How supported do you feel by your manager and coworkers during the return?

- ☐ Not at all supported
- ☐ Slightly supported
- ☐ Moderately supported
- ☐ Very supported
- ☐ Extremely supported
- ☐ Prefer not to answer

7. What is one practical change that would make the return-to-work process clearer or more workable?
